

FOR STARTERS OR LIGHT BITES

Creamy mushroom soup LF, V. .8,00 / 14,00 €

A mild and creamy mushroom soup with seasonal mushrooms, served with sourdough bread fried in herb butter

Smoked salmon tartare LF (GF) 11,00 €

Cold-smoked salmon with saffron onions and chives, asparagus, and dill & smetana mousse, served with fried organic rye bread

Cheese salad LF, GF, V. 9,00 €

Lettuce, roasted parsnip, strawberry, apple, Peltola Blue Cheese, salty granola, and honey & rhubarb vinaigrette

SALADS

Est 1969 Salad VEGAN 12,00 €

Lettuce, roasted marinated summer vegetables, saffron onions, savoury granola, and honey & rhubarb vinaigrette

Casino Islands Caesar LF, GF 12,00 €

Romaine lettuce, Caesar dressing, parmesan cheese and herb croutons

With a filling:

Chicken and parsnip LF, GF 18,00 €

Halloumi and asparagus LF, GF 18,00 €

Fried tofu VEGAN 18,00 €

WARM TOASTS

Est chicken toast LF (GF) 19,00 €

Grilled chicken breast and fried halloumi cheese on sourdough bread fried in herb butter, with BBQ mayo and fresh salad

Salmon sandwich "Benedict" LF (GF) . . 19,00 €

Fried salmon on sourdough bread fried in herb butter, with hollandaise sauce, egg, asparagus and fresh salad

PASTA

Smoked cheese pasta LF, V. 18,00 €

Creamy smoked cheese sauce, pistou sauce, grilled asparagus, toasted cashew nuts and fresh tagliatelle

Pasta and salmon LF 19,00 €

Fried salmon, courgette in a spicy tomato sauce, garlic mayo, thyme oil and fresh tagliatelle

RAVINTOLA **est 1969** RESTAURANT

Hungry for Nostalgia?

Go on a taste journey with some of Est 1969's best classics

THE BEATLES SCHNITZEL LF, (GF)

Pork cutlet from Finnish pork with creamy mushroom sauce from seasonal mushrooms, fried summer vegetables and country fries.

26,00 €

SOMETHING FISHY L, G

Fried Saimaa zander, dill & smetana mousse, honey & rhubarb vinaigrette, fried summer vegetables and mashed potatoes with chive

29,50 €

WE KNOW OUR ONIONS L, G

THE FAVOURITE CLASSIC – ONION STEAK
Grilled beef sirloin steak with Jaloviina onions, beer sauce, cheddar butter, fried summer vegetables and grilled potatoes

29,00 €

In 1969, something miraculous happened on the Happy Islands. The country's most modern spa, Spahotel Casino, was built to pamper the body and mind. But you can't be happy without treats, so a restaurant was also established in connection with the spa. Since then, our chefs have been respecting tradition and creating tasty dishes with fresh, high-quality ingredients. In the same year, other miracles happened, too...

In 1969

...man landed on the moon aboard Apollo 11. Neil Armstrong and Buzz Aldrin took giant leaps for mankind.

...the first Saab 96 was built in Uusikaupunki and handed over to President Urho Kekkonen under the registration number EKA-96 ("FIRST-96").

...the legendary music festival Woodstock was held in the state of New York. It still lives on in the minds of lovers of music, peace, and the hippie movement.

...the Beatles animation film Yellow Submarine premiered in Finland.

...travellers took to the skies with speed: the Boeing 747 Jumbo Jet and Concorde grew wings.

...many of the most important things in the world were born, including the internet! The first computer network was created by engineering students at the University of California.

PIZZAS

Fish LF. 17,00 €

Cold smoked salmon, asparagus, saffron onions and dill smetana

Meat LF 16,00 €

Kivikylä ham, salami, Jaloviina onions and dijon mayo

Chicken LF 16,00 €

Chicken breast, mozzarella, grilled bell peppers and BBQ sauce

Vegetable LF 16,00 €

Pulled oats, tomatoes, grilled asparagus and vegan herb mayo

HAMBURGERS

'69 Premium Burger L. 22,00 €

Pedigree beef patty, brioche bun, cheddar, tomato, lettuce, pickled onion, bacon, mayo, coleslaw, pickles and french fries

Casino Tower 16-floor Burger LF 25,00 €

2 pedigree beef patties, burger bun, tomato, lettuce, pickled onion, cheddar, smoked cheese, red onion and roasted onion and french fries

Tofu Burger VEGAN. 19,00 €

Breaded tofu with BBQ sauce, vegan cheese, herb mayo, saffron onions, lettuce, tomato and french fries

**Hamburgers are also available gluten-free.*

DESSERTS

Berry pavlova LF, GF. 10,00 €

Merengue, berries and mango sauce

Chocolate cake LF. 10,00 €

Vanilla ice cream and salted caramel

Raspberry parfait LL, GF. 10,00 €

Blackberry mousse, roasted white chocolate and oat crumble

Fruit cocktail 9,00 €

Fruit salad from fresh fruits, strawberry & rhubarb syrup and vanilla ice cream

Ice cream bar 4,00 € / scoop

Ice creams: strawberry, chocolate, vanilla

Sauces +0,50 €: strawberry, mango, caramel, chocolate

Toppings +0,50 €: marshmallow, toffee fudge, Daim dragees, roasted white chocolate

LL Low-lactose LF Lactose-free GF Gluten-free
(GF) Available gluten-free

V Vegetarian VEGAN Vegan

Please ask the staff for more information about allergens.

WINES

Sparkling Wines

- 12 cl / bottle

Fiorissimo Prosecco Extra Dry

Italy

Dry, acidic, pear notes, delicate floral notes

6,50 / 39 €
- The Prosecco Organic Blend No 9

Italy

Very dry, acidic, with notes of fruit and spice

7,20 / 40,00 €
- Arthur Metz Cremant D'Alsace Riesling

France

Very dry, very acidic, brioche notes, elegant, citrus notes

49,90 €

Champagnes

- Lanson Black Label Champagne

France

Very dry, very acidic, notes of citrus and green apple, mineral elements, light almond notes, slightly toasty, robust

99 €

Alcohol-free wines available! Please ask your waiter for more information.

White & Rosé Wines

- 12 cl / bottle

Fuego Verdejo

Spain

Dry, balanced, fruity, with herbal notes and mineral elements

6,50 / 39 €
- Allumea Chardonnay Organic

Italy

Dry, acidic, with notes of green apple and apricot, light grapefruit notes

6,00 / 35 €
- Hans Baer Pinot Blanc

Germany

Dry, acidic, with notes of green pear, lime and peach, light spice notes

7,20 / 40 €
- Helle Rivaner Riesling

Germany

Dry, acidic, with notes of green apple, pear, peach, apricot and citrus, light pineapple notes

7,40 / 42 €
- White of the Week

Please ask your waiter for more information!
- Helle Pinot Noir Rose

Germany

Medium dry, acidic, notes of wild strawberry, peach, and raspberry, floral notes

42,50 €
- Chemin Des Sables Rose

France

Dry, red currant notes, balanced, elegant

7,00 / 38,50 €

Red Wines

- 12 cl / bottle

Fuego Tempranillo

Spain

Medium-bodied, notes of dark berries, pleasant tannins

6,50 / 39 €
- Allumea Nero D'Avola Organic

Italy

Medium-bodied, medium tannins, notes of blackberry, ripe raspberry, and blueberry, light currant marmalade notes

6,00 / 35 €
- Jacob's Creek Pinot Noir

Australia

Light, medium tannins, notes of currant and blueberry, light notes of raspberry and liquorice

45 €
- Luigi Bosca Reserve Malbec

Argentina

Intense, balanced aromas with notes of ripe red berries, fruit, and spice

49,90 €
- Red of the Week

Please ask your waiter for more information!
- Dessert Wines

8 cl

Borgo Maragliano La Caliera Moscato D'Asti

Italy

Spritzzy, notes of citrus marmalade, pear and ripe apricot, floral notes

6,80 €

Moscato D'Asti La Vita

Italy

Sweet, medium acidic, fruity and floral notes, aromatic

8,00 €

Brachetto D'Acqui Castelgaro

Italy

Softly sweet, full and balanced

9,50 €

est 1969
BAR



BEFORE DINNER

- FINLANDIA

Finlandia vodka, cranberry liqueur, Russian tonic, frozen cranberries

9,00 €
- BUBBLY SUMMER '69

Sparkling wine & ice pop

8,50 €
- PINK GT

Gordon's Pink Gin, tonic & strawberries

9,00 €

ALL DAY

- EST '69 MIMOSA

Rose wine, pink grapefruit juice, Russian tonic, lime juice

8,00 €

It is believed that a bartender in 1925 at the Ritz Hotel in Paris, created the original version of Mimosa. Another story tells director Alfred Hitchcock invented the beloved drink in San Francisco in the 1940s. While we cannot confirm Hitchcock had anything to do with making mimosa magic, he did help to popularize this mixture of orange juice & champagne and made it the staple brunch drink that it is today.
- BLUE ANGEL

Vodka, Parfait Amour liqueur & lemon soda

7,00 €

This famous cocktail from the 80s was originally made to deep violet, sweet vanilla, rose and orange flavoured liqueur even though the name was blue. Did you know that "parfait amour" means perfect love in french?
- SUNRISE

Vodka, apricot liqueur, grenadin, ginger ale, orange juice & cherry

7,50 €
- WASP

Vodka, banana liqueur, ginger ale

8,00 €
- PINK BUTTERFLY

Raspberry liqueur, Gordon's Pink Gin, Russian tonic

8,50 €

AFTER DINNER

- EST '69 COFFEE SUMMER EDITION

Baileys Salted Caramel, pistachio ice cream, strong coffee, pinch of salt

9,90 €
- WHITE RUSSIAN SHAKE

Kahlua, vodka, milk, vanilla ice cream, whipped cream, chocolate flakes

12,50 €
- HEAD CHEF'S COFFEE

Coffee, Jaloviina, whipped cream

8,00 €

Alcohol-free mocktails also available!
Please ask your waiter for more information.

In 1969...

...labour heroes rejoiced when Finnish government agencies switched to a five-day working week all year round.

...the final part of the popular 'Inspector Palmu' film series called Vodka, inspector Palmu drove people wild in cinemas.

BEERS

In 1969 both medium-strength beer and people fond of it were liberated, as the new alcohol act finally brought medium-strength beer to grocery stores.

- Aura 0,4 l • 4,5%

0,15 l • 4,5%

7,50 €

2,50 €
- Lapin Kulta Pure 0,315 l • 4,5%

Gluten-free, Organic

6,50 €
- Sol 0,33 l • 4,5 %

7,50 €
- Heineken 0,33 l • 5 %

7,00 €
- Krusovice Cerne 0,5 l • 3,8 %

9,00 €
- Krusovice Imperial 0,5 l • 5 %

9,90 €
- Lahden Erikois NEIPA 0,33 l • 5,5 %

7,50 €
- Heineken Alcohol-free

6,00 €
- Guinness Alcohol-free

6,50 €

From Craft Breweries

KARVILAN PANIMO, ENONKOSKI

- Korven kutsu Classic Lager 0,33 l • 5,2 %

8,20 €
- Korven kutsu Dark Lager 0,33 l • 5,0 %

8,20 €
- Korven kutsu Pale Ale 0,33 l • 5,3 %

8,20 €
- Korven kutsu Wheat 0,33 l • 4,6 %

8,20 €

SAIMAA BREWING COMPANY, MIKKELI

- Saimaa Classic Lager

0,5 l • 4,5 % Gluten-free

8,80 €
- Saimaa Classic IPA 0,5 l • 4,5 %

8,80 €
- Saimaa Classic Blonde Ale 0,5 l • 4,2 %

8,20 €

LONG DRINKS & CIDERS

- Hartwall Original

Long Drinks 0,33 l • 5,5%

7,50 €
- Saimaa Long Drinks 0,33 l • 5,0%

7,50 €
- Happy Joe 0,275 l • 4,7%

7,50 €
- Strongbow Rose 0,44 l • 4,0%

9,90 €
- Orchard Thieves Crisp 0,33 l • 4,5%

9,50 €
- Happy Joe Dry Apple Alcohol-free

6,00 €
- Original Long Drink Alcohol-free

6,00 €
- Stone's Ginger Joe Pear Alcohol-free

8,00 €