

## STARTERS AND SNACKS

**V** French onion soup L, (G), V ..... € 8.40  
Rich, emmental and parmesan cheese gratinated onion soup and soft herb-garlic croutons

THE CLASSIC

**Smoked vendace tartar L, (G)** \*LOCALLY PRODUCED... € 10.00  
Smoked vendace\*, dill, chive, cream cheese, salad, parsley oil, pickled red onions, pickled cucumber and toasted organic rye bread

**Snails with goat cheese LL, (G)** ..... € 12.00  
Snails baked in garlic butter and gratinated with goat cheese. Served with house bread.

**Salmon soup à la Est L, (G)** ..... € 12.50  
Fried salmon, roasted potatoes, onion, beurre monté sauce, dill oil and toasted organic rye bread

**V** House garlic bread L, V, (VEG) ..... € 3.80  
Served with herb mayo

## SALADS

**V** Goat cheese salad LL, (G), V ..... € 12.00 / 20.00  
Salad mix, fried goat cheese, roasted sweet mini peppers, marinated olives, tomato salsa, grilled avokado, pickled red onions, pumpkin seeds and parsley oil. Served with house bread.

**V** Emperor of the Casino Islands L, (G), V, (VEG) ..... € 13.00  
Romaine salad, Caesar dressing, parmesan cheese, tomatoes and herb croutons

**With a filling** ..... € 21.00  
Chicken and pepper L, (G)  
Smoked vendace and red onion L, (G)  
Marinated organic tofu and olives L, (G), V, (VEG)

## WARM TOASTS & BURGERS

Toasts and burgers are also available gluten-free

**Apollo - Casino's chicken toast L, (G)** ..... € 24.50  
Herb marinated chicken fillet on fried house bread, blue cheese sause, grilled fruits, pickled onions, crispy salad and rucola

**Hunter's toast L, (G)** ..... € 23.50  
Grilled pork fillet on fried house bread, creamy wild mushroom sauce, roasted tomato, pickled cucumber, bacon and fried onions

**Est. Premium burger L, (G)** ..... € 25.00  
Two pedigree beef patties, brioche bun, cheddar cheese, pickled cucumber, tomato, lettuce, fried onions, bacon, garlic mayo, yellow mustard and country fries

**V** Veggie burger L, (G), VEG ..... € 23.50  
Grilled marinated organic tofu, brioche bun, vegan cheese, lettuce, tomato, pickled cucumber, saffron onions, roasted sweet mini peppers, herb mayo and country fries

**D** dairy-free **L** lactose-free **(L)** lactose-free option available  
**LL** low-lactose **G** gluten-free **(G)** gluten-free option available  
**V** vegetarian (lacto-ovo vegetarian) **VEG** vegan **(VEG)** vegan option available

Our team is happy to answer any questions about allergens.  
The country of origin of the meat and chicken is Finland and the origin of bacon is EU.

# RAVINTOLA **est 1969** RESTAURANT

## Hungry for Nostalgia?

Go on a taste journey with some of Est.1969's best classics

### COQ AU VIN 3.0 L, G

Grilled chicken, red wine sauce, deep-fried bacon, fried champignons, roasted garlic, carrot purée, honey onions and herb pilau rice

€ 25.20

### FRIED SAIMAA PERCH L, (G)

\*LOCALLY PRODUCED

Fried crisp rye-bread battered perch\*, chanterelle sauce, oven baked carrots, cauliflower purée and root vegetable & potato cake

€ 32.50

### GRILLED STEAK L, G

Grilled beef sirloin, green beans wrapped in bacon, oven-baked tomatoes and roasted brussel sprouts

**Choose the sauce:** Chanterelle sauce L, G  
Blue cheese sauce L, G / Red wine sauce D, G  
Flavored butter à la Est.1969 L, G

**Choose side dish:** Creamy herb potatoes L, G  
Roasted potatoes L, G / Country fries L, G  
Root vegetable & potato cake L, G

€ 32.90

### CUTLET OF THE MONTH

Please ask your waiter for more information

€ 26.00

In 1969, something miraculous happened on the Happy Islands. The country's most modern spa, Spahotel Casino, was built to pamper the body and mind. But you can't be happy without treats, so a restaurant was also established in connection with the spa. Since then, our chefs have been respecting tradition and creating tasty dishes with fresh, high-quality ingredients. In the same year, other miracles happened, too...

### In 1969

...man landed on the moon aboard Apollo 11. Neil Armstrong and Buzz Aldrin took giant leaps for mankind.

...the first Saab 96 was built in Uusikaupunki and handed over to President Urho Kekkonen under the registration number EKA-96 ("FIRST-96").

...the legendary music festival Woodstock was held in the state of New York. It still lives on in the minds of lovers of music, peace, and the hippie movement.

...the Beatles animation film Yellow Submarine premiered in Finland.

...travellers took to the skies with speed: the Boeing 747 Jumbo Jet and Concorde grew wings.

...many of the most important things in the world were born, including the internet! The first computer network was created by engineering students at the University of California.

## PIZZAS Pizzas are also available gluten-free

**Fish L, (G)** ..... € 17.50  
Smoked vendace, pickled cucumber, saffron onions and dill

**Meat L, (G)** ..... € 17.50  
Smoked ham, salami, bacon and fried onions

**Chicken LL, (G)** ..... € 17.50  
Grilled chicken, goat cheese, roasted sweet mini peppers and BBQ sauce

**V** Veggie L, V, (G) ..... € 17.50  
Marinated organic tofu, marinated olives, dried tomatoes and roasted garlic cloves

**Fantasy** ..... € 18.50  
**Choose 4 toppings**

Smoked ham, salami, bacon, pineapple, saffron onions, roasted chicken, goat cheese, roasted sweet mini peppers, marinated organic tofu, marinated olives, dried tomatoes, roasted garlic cloves, blue cheese, roasted onions, BBQ sauce, devil's jam, smoked vendace, pickled cucumber, rucola

Extra topping € 1,50 Garlic cup € 1,00

Dip VEG € 1,50 Garlic mayo, herb mayo, chili sauce or devil's jam

## PASTAS

**V** Pasta with goat cheese LL, (G), V ..... € 20.00  
Fried goat cheese, tagliatelle, tomato sauce, roasted sweet mini peppers, garlic, rucola and devil's jam

**V** Pasta with tofu L, (G), V, (VEG) ..... € 19.00  
Marinated organic tofu, tagliatelle, tomato sauce, roasted sweet mini peppers, garlic, rucola and devil's jam

**Salmon pasta L, (G)** ..... € 21.00  
Fried salmon, tagliatelle pasta, kale pesto, pine nuts, saffron onions, mini plum tomatoes and parmesan cheese

## DESSERTS

**Caramelized Finnish squeaky cheese & cloudberries L, G** ..... € 9.80  
Berries and meringue

**Chocolate cake L, G** \*LOCALLY PRODUCED ..... € 10.50  
Blackcurrant-raspberry sorbet\*, vanilla mousse and caramel lace

**French toast à la Est LL, (L)** ..... € 9.20  
Fried brioche, oven apple compote, cranberry sauce and old-fashioned vanilla ice cream

**Ice creams & sorbet** ..... € 4.20 / scoop  
\*LOCALLY PRODUCED

Old-fashioned vanilla LL Strawberry L Chocolate L  
Blackcurrant-raspberry sorbet\* VEG Vanilla VEG

**Sauces +€1**  
Strawberry jam VEG, G Chocolate VEG, G Caramel LL, G

**Toppings +€1**  
Marshmallows D Fudge LL, G  
Chocolate-caramel dragees LL, G

THE CLASSIC

THE CLASSIC



# WINES

## Sparkling wines

10 cl / bottle

**Fiorissimo Prosecco Extra Dry** ..... € 7.50 / 43.00  
Italy • Dry, acidic, pear notes, delicate floral notes

**Faustino Art Collection Cava Brut** ..... € 59.50  
Spain • Fresh fruitiness, apple, lemon and grapefruit notes, delicate toasty notes, slightly floral, fresh and well balanced

**Freixenet 0% Alcohol Free Sparkling Rosé** PICCOLO 20 CL ..... € 10.50  
Spain • Reddish, sweet, acidic, delicately floral, notes of citrus and light berry notes

## Champagne

bottle

**Lanson Black Label Champagne** ..... € 99.00  
France • Very dry, very acidic, notes of citrus and green apple, mineral elements, light almond notes, slightly toasty, robust

## White wines

16 cl / bottle

**Fuego Verdejo** ..... € 9.40 / 43.00  
Spain • Dry, balanced, fruity, with herbal notes and mineral elements

**Le Village Du Sud Sauvignon Blanc** ..... € 10.20 / 44.50  
France • Dry, fresh, aromatic, notes of citrus, grapefruit and gooseberry

**Perlage Pinot Grigio** ..... € 10.60 / 46.50  
Italy • Dry, refreshingly acidic, notes of citrus, apple, pear, acacia flower, hints of spiciness ORGANIC | VEGAN

**Paradies Riesling Feinherb** ..... € 11.90 / 53.00  
Germany • Semi-dry, fruity, citrusy, mineral

**White of the Week** Changing selection

## Rosé wines

Changing selection

## Red wines

16 cl / bottle

**Fuego Tempranillo** ..... € 9.40 / 43.00  
Spain • Medium-bodied, notes of dark berries, pleasant tannins

**B.io Primitivo Organic** ..... € 10.90 / 47.50  
Italy • Full-bodied, medium tannic, notes of blackberry jam, dark cherry and blueberry, light mocha notes, slight notes of liquorice ORGANIC | VEGAN

**Hipster Negroamaro** ..... € 11.00 / 49.00  
Italy • Full-bodied, medium tannic, notes of dark cherry, ripe cranberry and blueberry, lightly peppery

**Nederburg 56 Hundred Cabernet Sauvignon** ..... € 11.40 / 49.50  
South Africa • Full-bodied and rich, notes of ripe berry, oak aromas, soft tannins, a lingering aftertaste

**Red of the Week** Changing selection

## Dessert wines

8 cl

**Moscato d'Asti La Vita** ..... € 8.20  
Italy • Sweet, medium acidic, fruity and floral notes, aromatic

**Brachetto d'Acqui Castelgaro** ..... € 9.50  
Italy • Softly sweet, full and balanced

Please ask your waiter for more information about our changing selection. Alcohol-free wines also available.

# BEERS

In 1969 both medium-strength beer and people fond of it were liberated, as the new alcohol act finally brought medium-strength beer to grocery stores.

**Aura** 0,4 l • 4,5% ..... € 7.60

**Lapin Kulta Pure** 0,315 l • 4,5% ..... € 6.50  
GLUTEN FREE | ORGANIC

**Sol** 0,33 l • 4,5% ..... € 8.70

**Heineken** 0,33 l • 5,0% ..... € 8.40

**Krušovice Černé** 0,5 l • 3,8% ..... € 9.20

**Krušovice Imperial** 0,5 l • 5,0% ..... € 10.50

**Heineken** 0,33 l • NON-ALCOHOLIC ..... € 7.00

## From Craft Breweries

**KARVILAN PANIMO, ENONKOSKI** LOCALLY PRODUCED

**Korven kutsu Classic Lager** 0,33 l • 5,0% ... € 8.70

**Korven kutsu Dark Lager** 0,33 l • 5,0% ... € 8.70

**Korven kutsu Pale Ale** 0,33 l • 5,3% ..... € 8.70

**SAIMAA BREWING COMPANY, MIKKELI**

**Saimaa Brewer's Classic IPA** 0,5 l • 4,5% .. € 9.40

**Saimaa Brewer's Classic**

**Weißbier** 0,5 l • 4,2% ..... € 9.40

## LONG DRINKS & CIDERS

**Hartwall Original**

**Long Drinks** 0,33 l • 5,5% ..... € 8.00

**Original Long Drink** 0,33 l • NON-ALCOHOLIC .. € 6.50

**Happy Joe** 0,33 l • 4,7% ..... € 8.50

**Happy Joe** 0,33 l • NON-ALCOHOLIC ..... € 6.50

**Stone's Ginger Joe** 0,33 l • NON-ALCOHOLIC ... € 8.60

## REFRESHMENTS

**Pepsi, Pepsi Max, 7Up,**

**Jaffa & Vichy** 0,5 l ..... € 4.50

**ED-energy drink** 0,33 l ..... € 5.00

**Novelle flavoured mineral waters** 0,5 l .... € 5.00

**Spring water** 0,5 l ..... € 3.50

**Jug of water** ..... € 1.50

est 1969  
**BAR**



## BEFORE DINNER

**FINLANDIA** ..... € 9.70  
Finlandia vodka, cranberry liqueur, Russian tonic & frozen cranberries

On 14 May 1969, President Urho Kekkonen laid the foundation stone of Finlandia Hall, designed by Alvar Aalto

**PINK GIN** ..... € 10.50  
Pink gin, raspberry liqueur, tonic & strawberries

**PEACE&LOVE** ..... € 8.00  
Gin, Aperol, Martini Rosso & an orange slice

**In 1969** labour heroes rejoiced when Finnish government agencies switched to a five-day working week all year round.

## ALL DAY

**STRONG FEELING** ..... € 9.70  
Vodka, Cointreau, lemon juice & grenadine

**MONKEY WHISKEY** ..... € 8.70  
Whiskey, banana liqueur & cola

**CUBA LIBRE** ..... € 8.70  
Rum, cola & Lime

**SUNRISE** ..... € 9.20  
Vodka, apricot liqueur, orange juice, 7Up & grenadine

**In 1969** the final part of the popular 'Inspector Palmu' film series called Vodka, inspector Palmu drove people wild in cinemas.

## AFTER DINNER

**CRÈME DE SAIMAA** ..... € 10.50  
Baileys Espresso Crème, coffee & whipped cream

**SOUTHERN FRUIT** ..... € 10.70  
Orange liqueur, hot chocolate & whipped cream

**LUMUMBA** ..... € 13.90 €  
Cognac, hot chocolate & whipped cream

Alcohol-free mocktails also available!  
Please ask your waiter for more information.